



## HiPP HA Combiotic Stage PRE Hypoallergenic Infant Milk Formula (600g)

Age: 0 – 6 Months

### PREPARATION



Preparation for all powdered formulas (also consistent with United States, FDA guidelines):

1. Boil water freshly before each meal and allow to cool down to about 50°C (122° F) before mixing with formula.
2. Fill the clean and sterilized bottle with about half of the desired amount of water (see feeding chart below).
3. Fill the measuring scoop loose and level it with the back of a knife (note that scoop sizes vary by brand and even by stage).
4. Add the correct number of leveled scoops of powder (1 leveled scoop of powder per 1oz / 30ml of water).
5. Close the bottle and shake thoroughly. Add remaining water and shake well again.
6. Allow to cool down to approximately 37 °C (98.6° F) before feeding.

#### TIPS:

- ✓ Once you have opened the inner foil bag containing your formula, you should use it within 2 to 3 weeks.
- ✓ Avoid storing in an area of high heat or humidity.
- ✓ If the mixed formula is not consumed within an hour, you should discard it.
- ✓ Do not heat feeds in a microwave, hot spots may occur which could cause scalding.
- ✓ Please observe the preparation instructions and the dosage ratio exactly so that your baby always gets the nutrients it needs.
- ✓ Take care of the dental care from the very first tooth on and do not leave the bottle with your child to avoid continuous sucking.

### FEEDING CHART

| Baby's Age                              | Feeds per day | Made up Volume<br>(ml / fl oz) | Water<br>(ml / fl oz) | Powder (Scoops) |
|---|---------------|--------------------------------|-----------------------|-----------------|
| 1 - 2 weeks*                            | 5 - 7         | 70 / 2.36                      | 60 / 2.03             | 2               |
| 3 - 4 weeks                             | 5 - 7         | 100 / 3.38                     | 90 / 3.04             | 3               |
| 5 - 6 weeks                             | 5 - 6         | 135 / 4.56                     | 120 / 4.06            | 4               |
| 7 - 8 weeks                             | 5             | 170 / 5.75                     | 150 / 5.07            | 5               |
| 3 <sup>rd</sup> - 4 <sup>th</sup> month | 5             | 200 / 6.76                     | 180 / 6.09            | 6               |
| 5 <sup>th</sup> month** onwards         | 5             | 235 / 7.95                     | 210 / 7.1             | 7               |

\* Unless otherwise recommended by the doctor.

\*\* From the 5th month onwards, with Pediatric recommendation you may begin feeding porridge or other organic baby food.

The stated amounts of drinking and meals per day are only guidelines. Individual deviations are safe and all natural. 100 ml ready-to-drink food is made of 13 g HiPP HA Combiotic Stage PRE Hypoallergenic Infant Milk Formula and 90 ml boiled water. A pack yields about 46 meals of 100 ml of drinking volume (standard recipe).

1 level measuring spoon = 4.3 g

## INGREDIENTS

**Lactose**, Vegetable Oils (Palm Oil\*\*, Rapeseed Oil, Sunflower Oil), **Whey Protein Hydrolysate**, Galactooligosaccharides From **Lactose**, Calcium Orthophosphates, Potassium Chloride, M. Alpina Oil<sup>1</sup>, **Fish Oil**<sup>1</sup>, Emulsifier: Citric Acid Esters Of Mono- AND Diglycerides Of Edible Fatty Acids, Potassium Hydroxide, Sodium Hydroxide, L-Tyrosine, L-Phenylalanine, Magnesium Carbonate, Choline, Calcium Carbonate, Vitamin C, L-Tryptophan, Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Natural Lactic Acid Culture (Lactobacillus Fermentum Hereditum<sup>2</sup>), Pantothenic Acid, Vitamin A, Niacin, Copper Sulfate, Vitamin E, Vitamin B1, Vitamin B2, Vitamin B6, Manganese Sulfate, Potassium Iodate, Folic Acid, Vitamin K, Sodium Selenate, Biotin, Vitamin D, Vitamin B12

\*\* Palm oil from sustainable cultivation certified by independent inspection bodies

<sup>1</sup> LCP (omega-3 AND -6) = long-chain polyunsaturated fatty acids.)

<sup>2</sup> Lactobacillus fermentum CECT5716

## ALLERGENS

Milk, Whey Powder, Lactose, Fish Oil

## NUTRITION FACTS

| Nutrition Information      | Per 100 ml       | Nutrition Information    | Per 100 ml |
|----------------------------|------------------|--------------------------|------------|
| Energy                     | 277 kJ / 66 kcal | Selenium                 | 2.1 µg     |
| <b>Fat</b>                 | 3.5 g            | Manganese                | 17 µg      |
| - of which Saturates       | 1.2 g            | Flouride                 | 5.2 µg     |
| - of which Monounsaturates | 1.5 g            | Vitamin A                | 70 µg      |
| - of which Polyunsaturates | 0.7 g            | Vitamin D                | 1.2 µg     |
| <b>Carbohydrates</b>       | 6.9 g            | Vitamin E                | 0.7 mg     |
| - of which Sugar           | 6.7 g            | Vitamin K                | 5.1 µg     |
| Fibre                      | 0.3 g            | Vitamin C                | 10 mg      |
| Protein                    | 1.6 g            | Vitamin B1               | 0.06 mg    |
| Salt                       | 0.05 g           | Vitamin B2               | 0.08 mg    |
| <b>Minerals</b>            |                  | Niacin                   | 0.40 mg    |
| Sodium                     | 0.02 g           | Vitamin B6               | 0.04 mg    |
| Potassium                  | 88 mg            | Folic Acid               | 10.5 µg    |
| Chloride                   | 41 mg            | Vitamin B12              | 0.15 µg    |
| Calcium                    | 50 mg            | Pantothenic Acid         | 0.50 mg    |
| Phosphorus                 | 28 mg            | Biotin                   | 1.6 µg     |
| Magnesium                  | 5.1 mg           | Carnitine                | 1.7 mg     |
| <b>Dietary Minerals</b>    |                  | Choline                  | 4.9 mg     |
| Iron                       | 0.5 mg           | Inositol                 | 11 mg      |
| Zinc                       | 0.5 mg           | <b>Additional values</b> |            |
| Copper                     | 40 µg            | LCP (Omega 3&6)          | 20 mg      |
| Iodine                     | 10 µg            | Galactooligosaccharides  | 0.3 g      |