Holle Goat Stage 2 Organic Follow-on Milk Formula (400g)

Age: 6+ Months

PREPARATION

Preparation for all powdered formulas (also consistent with United States, FDA guidelines):

1. Boil water freshly before each meal and allow to cool down to about 50°C (122° F) before mixing with formula.
2. Fill the clean and sterilized bottle with about half of the desired amount of water (see feeding chart below).
3. Fill the measuring scoop loose and level it with the back of a knife (note that scoop sizes vary by brand and even by stage).
4. Add the correct number of leveled scoops of powder (1 leveled scoop of powder per 1oz / 30ml of water).
5. Close the bottle and shake thoroughly. Add remaining water and shake well again.
6. Allow to cool down to approximately 37 °C (98.6° F) before feeding.

TIPS:

- ✓ Once you have opened the inner foil bag containing your formula, you should use it within 2 to 3 weeks.
- ✓ Avoid storing in an area of high heat or humidity.
- ✓ If the mixed formula is not consumed within an hour, you should discard it.
- ✓ Do not heat feeds in a microwave, hot spots may occur which could cause scalding.
- ✓ Please observe the preparation instructions and the dosage ratio exactly so that your baby always gets the nutrients it needs.
- ✓ Take care of the dental care from the very first tooth on and do not leave the bottle with your child to avoid continuous sucking.

FEEDING CHART

Baby's Age	Water (ml / fl oz)	Powder (Scoops)*	Made up Volume (ml / fl oz)	Feeds per day
After 6th Month	170 / 5.75	5	180 / 6.08	2 - 3
	200 / 6.75	6	210 / 7.10	
	230 / 7.77	7	250 / 8.45	

* 1 level measuring spoon = 4,9 g

The stated amounts of drinking and meals per day are only guidelines. Individual deviations are safe and all natural. 100 ml ready-to-drink food is made of 13,2 g Holle Goat Stage 2 Organic Follow-on Milk Formula and 90 ml boiled water. A pack yields about 30 meals of 100 ml of drinking volume (standard recipe).

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INGREDIENTS

Full cream goats milk powder*[1] (38.5 %), Maltodextrin*, Vegetable Oils* (Sunflower Oil*, Rapeseed Oil*), **Lactose***, Starch*, Calcium Carbonate, Calcium Hydroxide, Calcium Citrate, Algae Oil[2], L-Cystine, Ferrous Sulfate, Magnesium Chloride, Vitamin C, L-Tryptophan, L-Tyrosine, Sodium Citrate, Sodium Chloride, Ferrous Lactate, Vitamin E, Zinc Sulfate, Niacin, Pantothenic Acid, Copper Sulfate, Vitamin A, Vitamin B1, Vitamin B6, Folic Acid, Vitamin B2, Manganese Sulfate, Potassium Iodide, Vitamin K, Sodium Selenite, Vitamin D3, Biotin, Vitamin B12

* from organic farming
1 100g of infant formula powder are made from 285 ml skimmed milk
2 contains DHA (as required by the legislation for all infant formula

ALLERGENS

Milk, Lactose

NUTRITION FACTS

Nutrition Information		Per 100 g	Per 100 ml	Nutrition Information		Per 100 g	Per 100 ml
Energy	kJ/kcal	2141 / 512	283 / 68	Niacin	mg	3.1	0.41
Fat of which:	g	26.8	3.5	Vitamin B6	mg	0.31	0.04
-Saturated fatty acid	g	9.5	1.3	Folic acid	µg	98	12.9
-Monounsaturated fatty acids	g	13	1.7	Folate	µg DFE	163	21.6
-Polyunsaturated fatty acids	g	4.4	0.6	Vitamin B12	µg	1.3	0.17
-Linoleic acid	mg	3900	515	Biotin	µg	15	2
-α – Linolenic acid	mg	400	53	Pantothenic acid	mg	2.8	0.37
-DHA	mg	107	14.1	Potassium	mg	568	75
Carbohydrates of which:	g	56.8	7.5	Chloride	mg	577	76.2
-Sugar	g	25.2	3.3	Calcium	mg	570	75.2
-Lactose	g	24.3	3.2	Phosphorus	mg	311	41.1
-Starch	g	4.7	0.63	Magnesium	mg	49	6.5
Protein	g	10.8	1.4	Iron	mg	7.6	1
Vitamin A	µg RE	480	63.4	Zinc	mg	3.5	0.46
Vitamin D3	µg	12	1.6	Copper	mg	0.35	0.046
Vitamin E	mg	14	1.8	Manganese	mg	0.048	0.0063
Vitamin K	µg	42	5.5	Fluoride	mg	0.04	0.0053
Vitamin C	mg	95	13	Selenium	µg	18	2.4
Vitamin B1 – Thiamine	mg	0.4	0.052	Iodine	µg	106	14
Vitamin B2 – Riboflavin	mg	0.55	0.073	Sodium	mg	142	19